



## The Significance of Horses in My Life

*By Hillary Schneider*

Horses are magical and mythical creatures that appeal to many. My personal relationship and connection with them is one that is truly significant into who I am as a being.

I have always had this feeling of being something greater than just this physical presence I am in. I had always felt there was a big purpose for my being here and questioned my existence and the reason for why I was here.

Horses came into my life at a very young age and I believe an answer to the prayer of wanting to know who I was. By the age of 6 I was going to riding camps and spending my summers away to be with the horses.

By the time I was 13 I knew I wanted to be around horses for life, I knew I wanted to go to college to be a horse breeder and that they were part of my soul purpose on earth. They were my passion and focus and were the reason that I got up when some mornings I had forgotten why it was that I existed. They have carried me on their backs as I searched for who I was and when I felt as though I no longer had anything left to fight for.

Horses have carried me through my whole life; they are intertwined with every major event in my life and are the thread that holds everything together.

Horses have connected me to some very special in my life and it is because of them that I am on the path I am on today. They epitomize everything I strive to be; graceful, fierce, strong, authentic, loving, supportive and protected.

Throughout my life they have been the shining light in my life a constant reminder of the power I held within and the brilliance in which I was. They have given me the strength to be who I am and to live my life the way I was meant to live.

I was at the I can do it event last year in Toronto listening to Doreen Virtue speak and she walked us through an exercise of automatic writing of when you asked a question and let spirit answer you. My question was what is it I am meant to do?

The answer that came was as follows; " H R S this is no coincidence focus on the horses and the rest will fall into place. Don't worry about how just trust the feeling the passion the desire. Follow your heart and you will know what to do." The significance of HRS is that they are my initials and if you add an 'O' and an 'E' it spells HoRSe!

Horses were ingrained in my very name to act as a reminder to who I was. Each day I live my life the spirit of the horse is the breeze that gently guides my way. It is the only constant in my life and the very being that I rest my complete trust and faith that as long as I have the horses as my leader in this life all will be well. I am incredibly grateful and blessed to have this connection with them and feel that I truly would not be who I am today without their constant guidance and protection as I have walked my path. They have shown me what it means to acknowledge the light within and to allow that light to shine and it is my hope to help do the same with others.